using SODAS METHOD accomplishes two goals

- It gives parents and child a process for solving problems and making decisions together.
- It helps parents teach their child how to solve a problem and make decisions on their own.





three reasons why you should use SODAS METHOD WITH YOUR KIDS

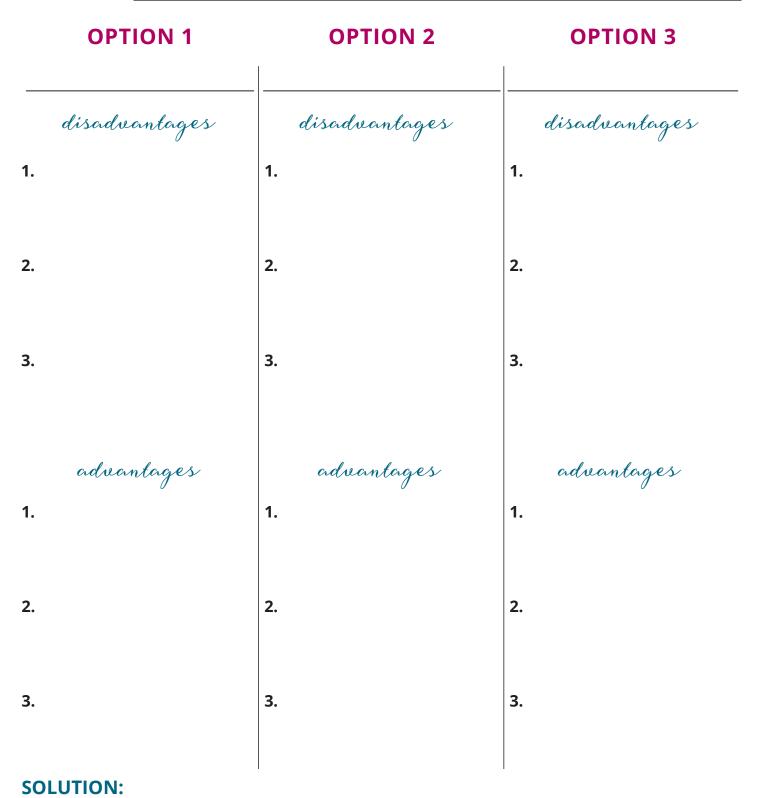
- **BETTER DECISIONS:** Because children frequently make decisions at the spur of the moment without thinking.
- **OPTIONS:** Because children tend to look at solutions to problems as black or white, all or nothing, yes or no.
- LONG-TERM VIEW: Because childrens tend to focus at the situation at hand and have difficulty seeing long-term consequences.





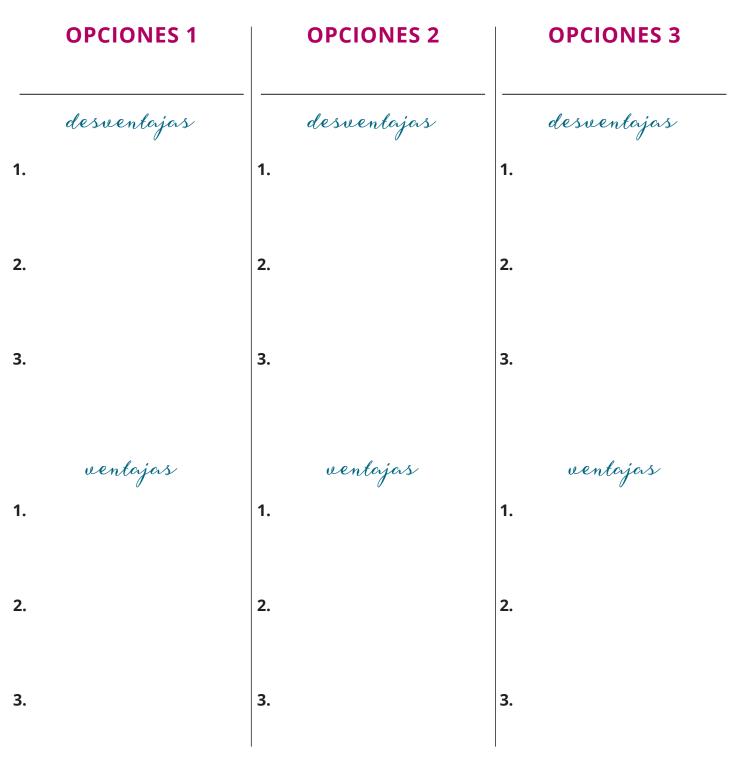


SITUATION:





SITUACIÓN:



SOLUCIÓN: