

## Reflection Questions: Role-playing

1. How do you feel about role-playing with your child?
2. If you are uncomfortable, what can you do to make it easier for you to do?
3. How does your child react to role-playing?
4. How can you make it easier for your child?
5. What is the most important thing you learned during this lesson?
6. What do you plan to do differently as a result of what you learned?

Evaluate your answers.

Role-playing is the most important part of using the skills because it teaches your child what to do. It allows them to do it, practice and understand how it “feels” to do what is expected. Using role-playing consistently promotes change faster and more effectively than by just explaining things.