

Reflection Questions: Effective Communication

1. What is your communication currently like with your child?
2. What do you want your communication to be like?
3. What parts of Effective Communication will help improve communication with your family?
4. What is the most important thing you learned during this lesson?
5. What do you plan to do differently as a result of what you have learned?

Evaluate your answers.

Effective Communication sets rules on how to communicate in your home. The rules provide order. Effective Communication also teaches respect, listening, reflective listening with each family member, even if they disagree. Families that use Effective Communication have more peace in the home and respect among family members.