Reflection Questions: ABCs of Behavior

1. What behaviors do you want to correct in your child?

2. What is happening before and after that behavior?

3. Is it easier for your child and for you to address those behaviors BEFORE or AFTER the behavior?

4. Depending on what you have chosen, why would it be easier to address it before or after the behavior?

5. Is it possible to correct the behavior before AND after the behavior?

